

Credibility

PART 4



Part 4



Dedicated to Creating
Our Best Life
by using
these 'Portals of Progress'

from
the Forthright Foundation

OUR DEFINITION PAGE

to know what we share concerning our mental and emotional wellbeing

We want to be set up for

After Care to Survive the Torrent of Torment

All of us have known some part of the A B C D E F G of dysfunction:

A Anxiety, anguish, annoyance, wounded aggression, ambushing attention, inaccuracy, or loss of authenticity.

B Burdened, and bewildered. Bothered by faltering and failings, aggravations and vexations, defects and deficiencies, short comings and shortages, torments and trials, ignorance and insufficiencies, and tribulation. All these bowing us down from being self-bereft.

C Caustic careening, and constant conniving, by using **subterfuge:** any plan used for concealment, or an escape, an excuse, blind stratagem, evasion. Being Confounded, Stymied. Causing us to cave in, careen or, cancel out.

D Distressed, dismayed, disfigured, deformed, dysfunctional, defeated, discouraged. Being disappointed, downcast, down and out, down hearted. Being dismissed as damaged goods, devalued, discounted, discarded, dissuaded, disenchanted, disgruntled, dispirited, distraught.

E Exasperated with energy wounds, evading self-control, not engaging excellence, exiting enlightenment.

F Faulty, frightened feelings, feeling perplexed and unworthy, fading out, fading away, being fool hearty.

G Ghastly, (dreadful, deathlike), gloomy, gloom and doom, being called "good for nothing."

After care is to arrive at our *personal best*!
Here's the A B C D E F G for being fully functional

A Account for and amend aggravation, act with accountability, ask, acknowledge, and be willing to acquire, ascend, align with altruistic feelings and service.

B Being aware of and wanting clarity of purpose, to beware of hazards, which means to be warned, to be advised, and to be wise, so we can bask, bestow with benevolence and live the beatitudes, to let bygones be bygones.

C Creating careful circumspection, to consummate the best in ourselves, cover our bases, climb up, and get over any cause for cowardness, so we create harmonic convergence, with contrition to celestial cognition, so life is nobly perceived, creating a constant, cogent, cordial cognizance which is defined as —

Constant: steadfast, unshakable, undeterred, determined, valiant, resolute, persevering, plentiful, enduring.

Cogent: urgent, applicable, appertaining, having a powerful appeal, useful, convincing.

Cordial: from the heart, cheering, revving the spirits, exhilarant, giving strength and affection, hearty, refreshing.

Cognizance: having an informed perception, having considered recognition, having wisdom through observation, being aware, giving notice and taking heed.

D Delight in insight so we can deliver from the heart:

H Homage, honor, hope, home
E Edification
A Accountability
R Recognizing the best Re's
T Timeliness and tenderness, to be able to testify to truth

Decorum: manners, dignity, amicability, propriety, decency, formality, credibility, showing refinement, judgment, correctness, etiquette, gentility, respectability, circumspection, breeding, good temperament, courtesy, stateliness, authenticity, by being an advantage.

E **Expiate:** to atone for, to make reparation, to make satisfying, to make observance of, to give obeisance to, so threatening outcomes are averted.

Explore heavenly outcomes – explore our own positive potential and the world's positive input.

Embrace enlightenment and the **Sacrosanct:** the sacred, inalienable, inherent, undeniable, absolute, holy, hallowed, inviolable, divine, consecrated.

Expand the human condition to become **magnificent:** brilliant, lofty, glorious, elegant, illustrious, exceptional, distinguished, stately, majestic, sublime.

F Forge ahead and follow through. We can see it through with gusto!

G Go for the gusto with full goodness of heart, set goals and guidelines, give generously. *Living gusto is to be gallant*. May this gusto be our choice for a better world.

A 14 Step Program

For becoming able bodied and able minded.

1. May we stop any form of self-abuse.
   - May we choose clean over obscene. (surmount the impure, the foul, the indecent)
   - May we choose hail and hardy over fat and sassy.
   - May we choose sobriety over anxiety disorders. Be restored through fidelity collegiality, flexibility coherence, calm confidence. *Sobriety means having total access and full control of all our best intentions, faculties and powers at any given moment.*

     May we think 900 yards beyond the "quick fix." May we say a little prayer for vigilance. Life is made up of small victories. Create the zone – zone defense. Now is not all, think about consequences.
2. May we feel, deal, heal and become real.
3. May we stop being the victim, stop victimizing others. Stop rebellion. Give no offense, take no offense. Turn the petty into the 'get ready' to make progress.
4. May we do self repair. Hold a "Re-Bee" by doing the best Re's.

   Receive, resolve, rescue, retain, refrain, remain, regain, resiliently repeat, show respect, reclaim, repent, refocus, rethink, renew, reconnect, reposition, restore, regard, remorse, reconcile, regenerate, reevaluate, replenish, rectify, repurpose, retrofit, revive, rebound, resume, reconfigure, reinvent, release, rebuild, redirect, rejoice through recreation, rest, reinvestment, recovery, do a revival, build resilience, live reliability, rejoice, become a renaissance person.

   As we repair physical power, mental energy and spiritual ambition we gain self-respect. May we accept Christ's recompense to get resplendent and rejoice.
5. In spite of any guilt or self disappointment, may we put caring to work – serve. May we help others, so all live fuller and finer lives. May we come together and live the fullest finest truths from any source or resource.
6. May we live helpful healthy boundaries. May we redirect wounded aggression, make enlightened choices, endure bravely, have effective limits, and expand our horizons by showing love. The portal is giving the gift of sincerety.

7. May we stop punishing the body for emotional reasons. Vent frustrations sensibly and constructively. End substance abuse. Avoid subservience to drugs, alcohol or prescription stimulants.

8. May we turn "defiant" into "compliant", become self reliant, be pliant, be all alliant, by becoming a conscientious component of any noble outcome.

9. May we make a plan to schedule a structure for school, work, fun and family. Set goals. Decide what to decrease and what to increase. Open today to what was forgotten and who was forgotten yesterday. Open today to that which has been forgiven and to all who have the need to be forgiven. May we forgive. Forgiveness is the best plan for freedom.

10. May we choose the Divine Common Wisdom to guide us. The way out is the way up.

11. May we let it be and let bygones be bygones. Disarm grudges, don't hold grudges. Learn. Let go of error and misunderstanding. Let self charity be the first choice of our integrity. Let God change each one of us. Let us be His willing partners. Let us better understand our sorrows and thereby lay traumas to rest fully and finally. May we give ourselves permission to be healthy.

12. May we get into shape. Open ourself to physical wellbeing, emotional health and spiritual growth as the way to conduct our life from here on out.

13. May we be apart of a positive support group. May we give kind acknowledgement to others in an outreach of love through charity. May we properly use the support of the group to build energy. May we count on others goodness. May we fully unburden to the support group and with everyone's help get "good to go".

14. May we allow everyone to accrue and renew to prosper and reassemble. May we share care, not dispair, by fostering high-minded energy. Hosannas are the way we get more "highs" from life. More over, may we choose Hosanna Living as "the High Life".

IN YOUR WALLET:

Pick a 'quit' date. Pick then stick to it.
Get support around you.
Avoid triggers.
Have an aversion strategy and a set of helpful decoys.
Use constructive replacement.
Choose freedom and independence over domination. Become clean.
Build a conviction level with quality moments for joy and self betterment.

We are gallant by coming to terms because:

- We are accountable beings.
- We can control what we do with what comes to mind – therein lies our agency and integrity.
- We will be judged at judgment time by what we did with out own self determination
- We came from a long time ago. All matter is a manifestation of vibration. Vibration is the basic building block of the universe. We were created upon energy levels.
- We are in it for the long haul… to build and become beings of high energy.
- We are all stewards of motivation, energy, initiative, and integrity.
- We are beings of integrity by becoming accountable to accept consequences.
- We all can use the powers of intuition. We need to straighten up so life is not grueling, by having our eye on the prize, by using our conscience and listening to our heart of hearts.
- We are a part of the moral absolute in the universe.
- God our Father wants us to fathom love as fully as He has, so we complete our calling and election made sure. 2 Peter 1:10
- We all can use the powers of the virtues and values found in the scout law. "We all need a value system strong enough to compete with the negative impulses in our lives no better how bad they have been or are." We then start to love the way we think.
- Life is basically spiritual, for one reason alone = We all know we can be better than we are.
- We all know we can be better than we are and that is a spiritual reality. We are harmonic beings. This spiritual realization is why life is basically spiritual.
- We all can give to one another positive validation and reinforcement. (To use a support group is very necessary.)
- We can do inner work, an upward reach by the application of meditation.
- We can put our light upon a candlestick. We can rise and shine!
- We can give ourself positive self talk and affirmations. The heart knows what the mind does not know.
- We all can make the critical turn around, even when we hit bottom. When we reach out to a new point of reference we can move on – Let it go and Let God. It is never too late to reinvent ourself.
- We all are pattern-seeking beings. Proper small patterns can save us.
- We are spiritual beings having a physical experience.
- We are believed in because of our Devine Nature!

We all know "But for me, there go I."

- We all live life forwards but understand life backwards. Hindsight is 20/20.
- We all need to mastermind the present, live in the present.
- We all need to live day by day – today.
- We all need to heed and let God lead.
- We all need to let God deal with us.
- We all need to develope queues and promptings. (Form Positive Conditioning)
- We all need to rediscover our own passion and fulfill it.
- We all need the assurance of love beyond speculation, that is unequivical.
- We all have a miracle to perform.
- We all yearn to be completed – to be whole and holy in body, mind and spirit.
- We are all tested. We expand our usefulness by taking upon us one another's burdens and grief.
- We are all strewn, fragmented, and fractuated by life's conflicts, customs, confusion, and contempt. Thereby our life is needing to be constantly reassessed.
- We all have to guard and protect ourself. Build defenses without offenses.
- We all want to hold life dear. This may need to be a part of prevention, intervention, and worthy treatment..
- We all have to deal with our own longing for belonging. May we let virtue fit us in.
- May we evolve and mature.
- May we become more self assured, self regulating, and self assessing.
- May we release our powers of moral imagination, believe in them and follow where they lead.
- May we find life's meaning in Living the Abundant Life.
- When we will build opulently on everyone's gifts, talents, and abilities, we live reverential, deferential, providential living.

We all can bring the graces to one another's lives.

Not Withstanding

Let's all Move forward

On task On target On track

To begin, abet, beget without regret.
To live life as a banquette from the onset,
And ride into the sunset of our fondest dreams –
With our promise well met!

Let's move Full Fortitude Forward through

The Forthright Foundation

All Because — We want to be upstanding

Because: Balance is life. We can work our fascination into a life of great usefulness and satisfaction.

Because: All people need to mention Jesus in their homes in a considerate way and we will.

Because: We need to choose to think about where we are headed and what is important to us.

Because: Virtue survives the grave.

Because: There is no such thing as won't. That's part of the explanation.

Because: We need to undo with joy what we've done askew in order to renew.

Because: We each can have an opportunity to give our heart to something noble and helpful that transcends this life, which will resolve our search for love and affection, for community, for doing good and embracing compassion.

Because: We need to accept loss and reverses with equanimity and integrity.

Because: We need to share vision and share goals. Worthy goals are:

1. That each child will have a responsible caring adult in their lives.
2. That home, school, communities will be safe places to learn and grow.
3. That each child will receive a healthy start in life.
4. That each child will be provided resources to acquire economic skills and literacy.
5. That each child will be given and encouraged to accept service opportunities and encouraged to make meaning and profit from one's past.

Begin: make an inner agreement with yourself. Pull alliances to you.

Because: We need to start a crusade for kids who have aged out of the foster care system or who have parents lost to drugs or incarceration.

Because we need to

Believe in our life as ever advancing towards
the fuller, more complete and perfect life.
Implement self tenderness.

Because we need to

Help mend society by living a
Triangle of Success and Good Will:
No tyranny, full participation,
profound reverence and respect.
Let's implement it today!

P.S.

Youth want the fast track. A guideline is what they require. Few problems have only one cause. Most are complicated by a variety of factors interposing their influences by the multiplier effect, like ripples in the pond, to send out shock waves compounding our troubles and our difficulties. Unraveling the riddle is hard to do. Solutions must be a composite of best practices and moral virtues, and a myriad of kindnesses.

Every criticism, correction and reproof has an element of truth in it, either about the criticized or about the criticizer.

We all have the right to do the grieving. With every loss, hurt, trauma there is a grieving process. Healing comes from feeling. The healing process looks often like this: Grieving… withdrawal… irritability… denial… indignation, anger, aggravation… self-blame and sorrow… self-knowledge and understanding… self-acceptance… self-value… enlightenment… recognition of our true value by fullfilling our own truth.

May we bask in the self knowledge of goodness.
Thank you all for your goodness and good works.

FORTHRIGHT FOUNDATION



For bringing light into our lives!

Life is all about what we understand. To understand is to accept our need to know that which feeds our souls, meets our needs, honors our idealism, validates our hope. We wish knowledge to everyone! Everyone has the right to have their needs met and acknowledged honorably on the level of one's hopes, dreams, and aspirations so that a full quenching of satisfaction can be made real. God, our Heavenly Father has promised that, in due time, all of our needs will be fully met on the level of our best good and benefit. We are all a part of making that come true. We are all saving one another, fulfilling one another, completing one another. Our crucial needs may need to be met on a higher level of understanding than we are yet at, at the moment, but if we keep maturing and exalting life's promise within us, they will be fulfilled. That is Heaven's promise.

We all deserve to be recognized for the goodness and determined effort we give to make the world a better place to live in. Thank you all for your sublime lives of service and good will to the communities you live in. We seek allies to help us do justice and mercy to all of our kindred kind. All to be done so each of us will come out of life being whole, happy and fully derived to our best personhood. All to be done so we do justice and mercy to all our parts, our finest hopes, inclinations, gifts, talents, curiosity and vibrancy of soul.

Our hope is full of self realization!

We want to become the reality that binds us to our purpose. This involves rescue and reconciliation, repurposing effort, imagination and initiative to release our heart, might, mind and strength for full self realization. All done so we can share strength to help others combined with their strength to come to solutions, answers and best results. We do want to inspire hope, healing, and heart felt love and belonging. We all need to be nurtured because souls need to be yearned after and defended. We need love. We need to be longed for. We need one another to help build eternal energy into us. *Love energy helps us rise to any occasion*. Love creates a bigger reality for us. Love is the path to self completion. Love is the over arching principle of progress. Love prospers us

and completes us. Love pulls us forward. Love helps us find everyone's way forward. Love helps us rise above poverty and deprivation. Love helps us embrace charity. Love helps us include everyone into prosperity. Love leads us to spirituality, thoughtfulness, discipline, authentic action, moral maturity and sanctity of soul! Love helps us get in touch with that sacred life that maintains the world. Love is the repository of amplitude so we reach beyond our bounds and habitation to all truth. Love puts us on a continuum to help us to know grace and to be soothed and nursed to health. Love brings us to clarity, purity and simplicity. The love of truth and its rightful application is our horizon to teach, guide and correct us. Love ennobles us. Love is our best strategy.

The Forthright Foundation teaches strategies through the power of observation and the sentiment of kindness.

We all feel better when everyone can feel that their individual importance is emphasized. The catharsis of compassion is our remedy for cataclysm of all kinds. Compassion helps us to grow beyond the caldron of the past. With integrity, perseverance, and personal grit, derangements of mind and infirmities of the body give way to growth. False assumptions fade away when we lay down the burden of division. We become builders and givers, which causes us to increase the pleasantness of our days for best living among us all. Power is shared. Potential is realized. Hope is unrestrained. Prosperity is promised and pursued with valor. We increase our earning power. Prevention is made real. We prepare for disclosure and right closure to prevent foreclosure. We stay on the helpful side of risk.

Types of strategies to reduce failure and frustration:

- Think it through – "Look before you leap"
- Consider alternatives. Look at alternative possible futures and make choices. Should it be modified? What is justified?
- Establish a game plan. Track your plan of action.
- Count the costs for a best case outcome.
- Consider probabilities and possibilities and go for the brightest dawning.

- Plan on intervening interruptions. Look out for new possibilities in them.
- Evaluate resources. Don't put yourself at a disadvantage. Don't put anyone down or play down your own aptitude.
- Assess your situation. Do the fearless moral inventory.
- Get things right from the beginning. Prepare. Get it right for all involved.
- Handle loose ends.
- Balance exotica.
- Gather facts.
- Get help. Cover your blind spots. Get all the seats filled at the table.
- Ask the big questions i.e. How should things come out? What can get it established? Will I carry it through? Does it have a place (reason, acceptance, need, location)? How should it best be put? (Fine points fixed) Can it be accommodated? What will or should be the distinction it should achieve? What's its basis? Differences – how will they be settled? The role of management? Where is my determination coming from – will it be sustained? What will sustain us long term?

We are to strive to help lift and bear one another's burdens and express love, express faith, and fulfill hope.

We are all responsible to help create the world we would like for us and for our children to live in. We have borrowed today's world from our children.

We are prospering people. We are a nurturing people. We need to get behind every effort, organization, project or endeavor that is building goodness, faith, hope and charity somewhere in the earth – making a better, safer, and happier world.

May we remember: though we are a challenged generation – we are among the best heaven has to offer!

FORTHRIGHT FOUNDATION

THE FORTHRIGHT FOUNDATION ASCRIBES TO

The Quintessential Equilibrium

What is needed to create entirety, wholeness and completeness for all of us!

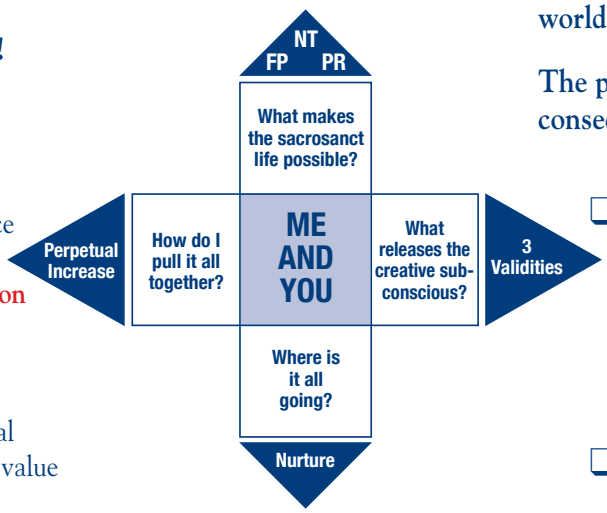
▲ **Triangle of success**
NT= No Tyranny
FP = Full Participation
PR = Profound Reverence

▲ **Triangle of Self Validation**
The 3 validities are:
- If it is meant to be it is up to me
- Life is basically spiritual
- Every life is of infinite value

▲ **Triangle of Nurture**
Nurture is the universal imperative –
- Our urgency
- We are always getting back to what we can't do emotionally
- The lessons of life are learned against resistance requiring eternal vigilance.
- The definition of life is that which needs to be nurtured. We need cherishing and adoring for a healthy self; feeling is the key to healing.

▲ **Triangle of perpetual increase**
- Do the deep business of life. (Fathom love, comprehend virtue, and cherish sweet adoring.) Evolve and mature with holiness.
- Live as a beatitude people
- Live consecration with heart, might, mind, and soul.

Divine wisdom has left us here to rescue and build both me and you
- To absorb big realities
- We are an accumulation of solutions and are meant to share them as 'dimensions of ascension.'



Let's consider what helps the world to keep its promises.

The premise and agendas for a consecrated life

❑ **What makes the sacrosanct life possible?**
- Modesty/humility
- Moral courage
- Respect for vulnerability
- Optimum understanding

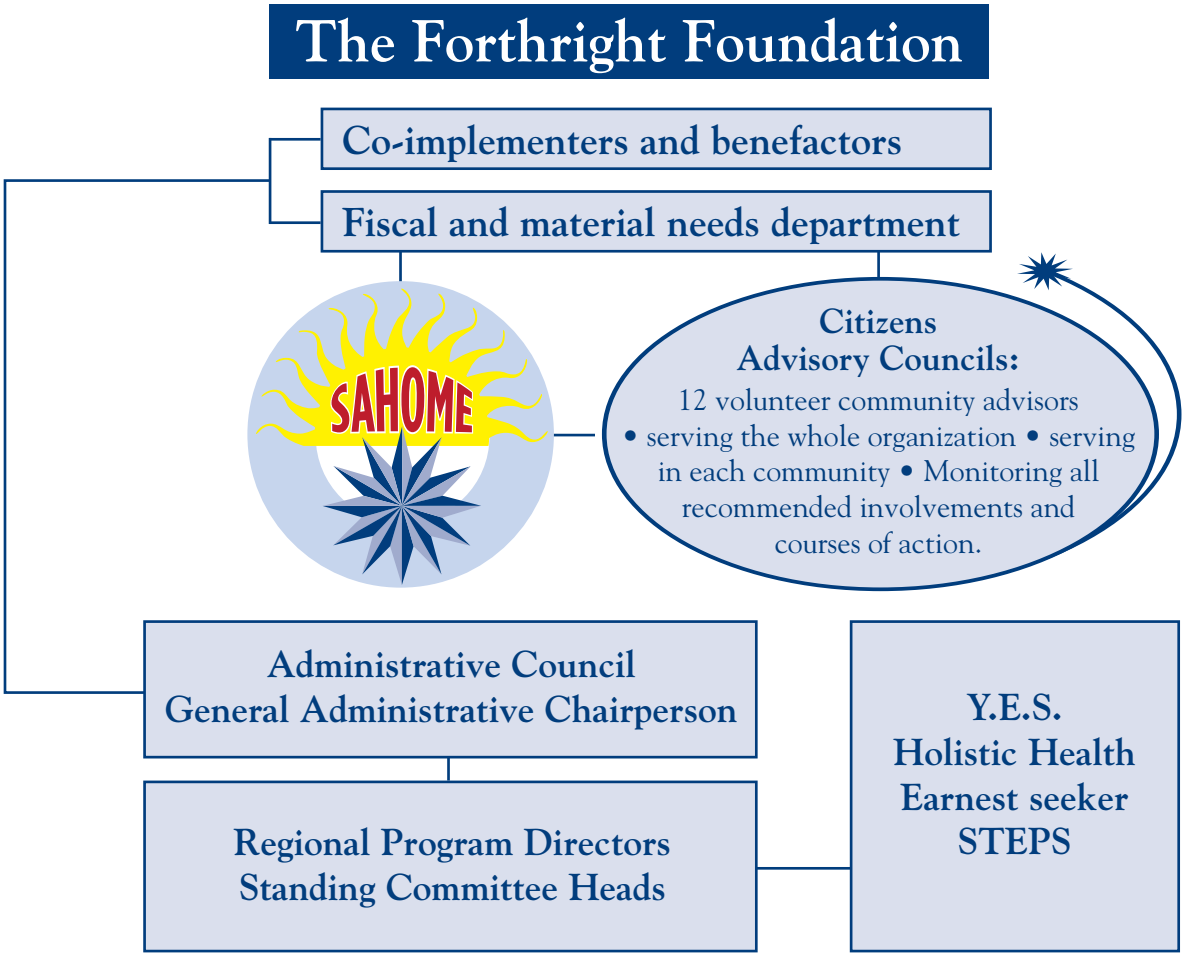
❑ **What releases the creative subconscious?**
- Wit and balance = equilibrium
- Training
- Spiritual wisdom
- A generosity of disposition

❑ **Where is it all going?**
- Dignity
- Quality
- Veracity, validity
- Freedom through peace

❑ **How do we put it all together?**
- Face renewal. Respect and repentance.
- Build self honor
- Develop spontaneous adequacy and generosity
- Be as friends
  "Friendship transcends the assignments we have"
  — Brent McMaster

Equilibrium may be the ultimate persuasion.

The setup of the organization



Implementation Actualization

'We' are a tool!

Serving our uninational effort and intension, citizen cause carriers build victories;
by emphasizing love, peace, enlightenment, betterment, and plenty —
by enhancing the best in everything and everyone so that human beings matter —
by the declaration of a great rising, in combination with Providence and self-help —
all to come to a oneness – a unison of becoming and union of service.

THE END RESULT:

"We started out to change the world and ended up changing oneself."

We wish each person health, wellbeing and joyous perpetuation!

Sahome is a DBA of The Forthright Foundation

The Forthright Foundation is Furthered by the Practice of Sahome

Sahome, as the Pursuit of Moral Maturity,
is Substantiated in building
Peace on Earth
by
Mutual Love,
Mutual Honor, Mutual Mercy!

Please refer to Sahome.org

The Practice of Sahome
BUILDS INTEGRITY

Integrity is to bring out the best in ourselves and the best in others.

Integrity is credibility, dependability, and veracity. Next to love; integrity and generosity are the most meaningful ingredients in this world. There is no shortage of ways for us all to show love, integrity and generosity. We are the guardians of a creative masterpiece: the Earth. Just because the Earth can absorb a lot of insurrection, disrupting, indiscretion and pollution does not mean that we have any good cause to bring harm or hazard to life upon it.

Living Sahome helps us to be vigilant and cautious to avoid misery…

Sahome brings hope to every soul. Hope comes from being valued.
Sahome brings love to every heart. Love comes from being believed in.
Sahome preserves and upholds joy. Sahome embodies joy because . . .
Sahome embodies the saving graces of kindness, honesty, gentleness, fidelity, diligence, integrity, and patience — all to protect humanity . . . and to do so through service that fosters everyone's best good and benefit which is the genesis of joy. Integrity comes by sharing Congruity and Harmony.

Congruity and Harmony sets the tone for reaching the Golden Zenith of mutual attentiveness, mutual assertiveness, and mutual kindness. Sahome helps us to be helpful; to be helped and then to help make helpers.*

When we so live, we don't take other people for granted! We are not hurtful, but helpful! We are not inconsistent, but consistent! We are not obstinate, but vigilant! When we so live, we can grow into our fullest, finest future and fulfill our potential — opening the way to being "open to all openings!" This is life's highest adventure: the opening of our soul to integrity…

"I can't be all I can be until you can be all that you can be"

Everyday may we live this noble purpose with heart, might, mind and strength: to bring integrity and generosity into the world. May we be The Bringers of this loving hope of Sahome to all the Planet Earth! May we be peace makers. May we each develop integrity as our ***Highest Adventure!***

**The object of Sahome is to tackle underdevelopment through the virtues of understanding, mentoring and nurturing. Sahome works in homes and churches; in shelters, detox, and convalescent centers. Sahome serves in prisons, halfway houses, treatment, correction and detention facilities. Sahome works in hospitals, clinics, schools, offices and business settings. Sahome protects wholesome civic life; and serves neighborhoods and communities world wide with witness as to the worth of each individual. Each person is of infinite value!*

Our job is to serve the common Good and the Greater Good . . .

This is the Practice of Sahome!

The First of the Three Manifestations of Sahome is:

Sharing Great Wishes

Our wish is that everyone will be loved.

We become deranged or diminished when we deny ourselves love.

Our wish is to establish a world at peace living in prosperity

with generosity of intent. We were all meant to prosper.

Our wish is that everyone, everywhere will become morally mature.

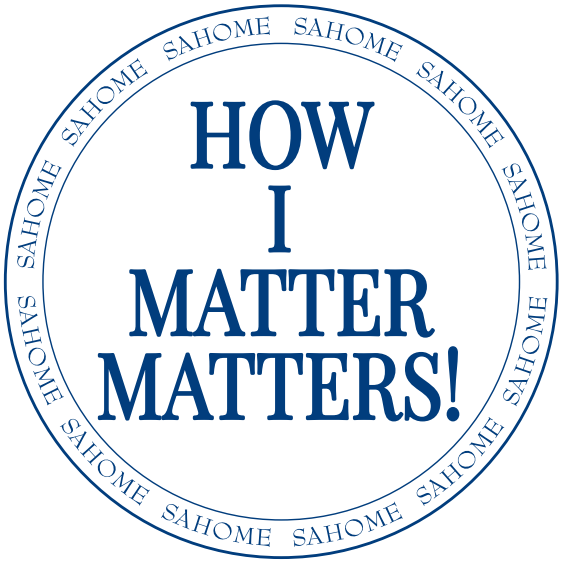
We were all meant to share in the vision, imagination and majesty of a better future based upon honor and virtue.

Our wish is that we will all learn wisdom and compassion from our mistakes.

We want to become the sum total of our best choices.
We want to support self determination, self supervision and self reliance.
We want everyone to fulfill the measure of their creation and have joy therein.

Our wish is that Sahome will cover the Earth!

"Take heart by taking heed of our Potential For Valor."



The Second of Sahome's Manifestations is

International Precepts

Intended to help all governments and public institutions worldwide, to use Sahome as a Format for Peace; to form a robust community of nations; resulting in a majesty of helpfulness fitting to forge:

Comprehensive Citizenship . . . by

- Respecting and elevating each citizen through education, training, employment opportunity and career development for building a community of high self esteem through . . .
- Resourcefulness — fostering a climate and culture that will work for and lead to self improvement, self reliance, and self sufficiency.
- Recreation — initiating places and amenities that can increase the quality, vitality, and caliber of life beyond work.

Affinity Through Prosperity . . . by

- Recognition — ensuring a strong free enterprise system which will protect entrepreneurial and personal initiative.
- Resulting in an economy that can helpfully adapt to global needs in a competitive global marketplace.
- Removing impediments to individual incentives to achieve dignity and prosperity.

Apprizing and Recognizing Human Rights . . . by

- Remedy — providing for due process, redress of grievances, and fair and equal representation within the rule of law as a basis for good governance.
- Relationships of faith are defended by religious freedom; also to include all perogatives to worship, assemble and practice one's doctrine, faith, and religion, including the freedom for public dialogue and the free expression of ideas.
- Regarding and safeguarding private property and personal possessions; renouncing oppression.

Moral Dynamic Imagination . . . by

- Reconciliation — Suring up individual perogative for rectifying and refining choice and behavior.
  - Realizing the Democratic Ideal by abiding change and the will of the people through their voices and vote in an open political process for selecting and electing candidates for leadership — allowing for the full scrutiny, criticism and assessment of suitability.
  - Revering freedom of conscience.

Elevating Public Service through the Pursuit of Sahome . . . by

- Rejoicing in the renewing spirit of "full participation" to realize our fullest human potential by upholding generosity which allows everyone to help everyone fulfill one's hopes, dreams and aspirations. Society should always be building up good even if it takes . . .
  - Repeating reoccurring effort. • Reconfiguring after mistakes • Replenishing vision.

"The good we do today becomes the bridge of hope we build into our tomorrows."

The Third Manifestation of Sahome transforms moral leadership into

Collective Ingenuity and Sanctity

In order to reorder human life and end the ravages upon humankind; Sahome helps us think through these fundamentals:

We cannot lead by pessimism
We cannot lead by disparaging others or mismanaging ourselves.
We cannot lead by disdain or disgruntlement.
We cannot lead by petulance or belligerence.
We cannot lead by casting dispersions or causing dissensions.

We can only lead by love and the homage of appreciation.
We can only lead by noble motives, nobility of vision, and wisdom.
We can only lead with the sanctity of the heart.
May We lead by absolving, solving and resolving all the issues that confound the human family by reaching out to one another on the level of mutual love, mutual mercy and mutual honor.
As We live these fundamentals —
We counteract beligerance and deception by not denying ourself love.
We outgrow contemptuousness and the "entitlement of arrogance" by accountability.
We renounce provocations and vengeance by life-supporting benevolence.
We overcome godless sophistry and debauchery by the adventure of compassion.
We surmount inequities and insufficiencies by equitable justice and kindness.
We foster fairness so that fraud and foibles don't fester to a fury that fuels feuds. It is up to us — by nurturing big heartedness and empathy.
We avoid the deaths, dreads, and dregs imbedded in any ideology of fear and false security by giving credit where credit is due and giving everyone their just due.
We release from the bondage of past indiscretions by repentance, restitution, reconciliations and resilience. Any personal regeneration comes through feeling anguish.

The practice of Sahome helps us end denigrating, deluded, deceptive behavior by thinking with all the vision, imagination and majesty that is Sahome.

We want Sahome to be allowed into every human heart . . .

Our Grand Strategy is: Sanctity of Heart!

First Footnote

We don't want anyone to feel out of touch, stigmatized or ostracized, oppressed or victimized. We want rectitude to be preached and practiced. We want to encounter the compassionate treatment of anyone with reverence for everyone, which requires valor from all of us. It will surely be easy to have reverence for everyone if we have reverence for spiritual trues. The diabolical only can exist, which causes discord, when fractiousness and ferment fester into glaring outrageous conflagration. Hiroshima should remain ever as a stigma upon creation.

When we analyze that bullying is battling for social standing, it is done at others expense. The "put down" to make someone superior in the minds of the in-crowd is done by branding of another with malicious intent. People should not be broken down or broken open with hurtfulness or vindictiveness. Making fun of anyone causes self honor to be undone. Vulgarity doesn't equate with honorable insight. It is base if it debases. Anger hinders. Let's make a happy fuss over all of us.

Reciprocal generosity of compassion leads to collaboration. We all need to be respected. We need to model respect for all in our everyday life. Searching for mutual meaning helps us improve emotional health and mental credibility. This pursuit of the efficacy, buttressing the universe, is our goal in Sahome. In the end, the universe bestows benevolence because it means well.

> *"I have come to the frightening conclusion that I am the decisive element. It is my personal approach that created the climate. It is my daily mood that makes the weather. I possess tremendous power to make life miserable or joyous. I can be a tool of torture or an instrument of inspiration. I can humiliate or humor, hurt or heal. In all situations, it is my response that decides whether a crisis is escalated or de-escalated, and a person is humanized or de-humanized. If we treat people as they are, we make them worse. If we treat people as they ought to be, we help them become what they are capable of becoming."*
>
> — Johann Wolfgang von Goethe

Second Footnote

- Look within to find your bliss.
- Cultivate the beauty within each other and ourselves.
- Peace must include us all. Peace needs to be felt, as a sharring of good will.
- Knowledge defines the world we live in. Gain education.
- The world is an ocean of answers. Dip in.
- Feel life's flow. It is the meaning of the heart and the integrity of the spirit and the wisdom of the mind that does away with ignorance. Ignorance is to ignore meaning. Understanding opens insight.
- To understand is to claim our future.
- We give one another our best chance for a bright future through embodying the golden attributes of comradery, endurance, sacrifice, and fidelity. When lives are improved communities are improved.
- Let's be irrepressible in doing and being good, for everyone's best good and benefit!



Third Footnote

Human beings are, by nature, conflicted and insecure. We are all vulnerable to defects, detours, and deterioration. We are always trying to turn vulnerability into viability. This process always involves at least some degree of stress. Stress becomes the engine of progress. As we face our inadequacies and submit to the learning curve, we open the avenue of progress. We grow into a creative moral presence. As we live restoration, reformation, restitution, we grow and our maturity grows. We are only as big as our biggest reality. Then life's patterns become enriching in and of themselves. We overcome fear and negative conditioning. Rather than perish, we persist with boldness. Moral boldness becomes holiness, which has a mystery, a magic and a majesty of its own. Moral boldness is the path to peace and satisfaction.

Life is dynamic, not static.

May we center our effectiveness
on peace and satisfaction.

May we change the world by
embracing the good in everyone!

Forth Footnote

- Live with humility to honor all life.
- Live for joy.
- Live violence free: that means to withdraw one's hackles, avoid what would be uncouth, a recoil to spoil.
- Live fearless integrity, timeless integrity:
  Integrity is the best and biggest choice we can make; bringing full honor to the living condition. With integrity can come love and with love we can stay true to our heavenly nature.
- Live the mildest solution:

May we be gentle, kind, meek, moderate, mellow, temperate, sweet, thoughtful, tenderhearted and gracious.

Without hope, life is not livable. Despair is fatal, desperation is diminishing. With hope we can live passion, faith, holiness and humility.

These are choices on such a deep level of supplication and yielding. May we yield to humility. Life is preparation to get us though the humility barrier. It takes decency to be humble. Humility engages us and enlarges the soul.

"Of course, humility is not a new idea, but it is getting renewed attention in—of all places—the hard-hitting business world. Recently several large, successful corporation have begun to prize humble leaders over the brash, overbearing kind. Humble leaders, they've found, "listen well, admit mistakes, and share the limelight."[1] They have helping hearts; they encourage teanwork and promote collaboration. They see themselves not as kings who issue orders but as coworkers in a worthwhile endeavor. Humble leaders see themselves authentically, with both strengths and weaknesses, and they recognize that leading others and serving them are not mutually exclusive efforts. One can be visionary and relentless, with the mind of a leader, and still be humble and teachable, with the heart of a servant.

Company executives are finding that when they hire leaders who are humble and eager to improve, the entire company benefits. A culture of humility and cooperation spreads throughout the workforce, bringing out the best in everyone."

—Adapted from ***"The Power of Humility"*** by Lloyd D. Newell

1. Joann S. Lublin, "The Case for Humble Executives," Wall Street Journal, Oct. 20, 2015, www.wsj.com/articles/the-case-for-humble-executives-1445385076.

Fifth Footnote

CREDIBILITY

Always, as close as we can make it, make right choices, which help us to progress. Making better choices helps us live with best intention. Making best choices build our credibility. With credibility, others can believe In us, join ranks with us, follow our lead, be copartners and leaders along side us. With credibility we are made competent. The person who knows how well to do the job will always have a job. The person who knows why we do the job will always be the boss with the vision. Both will direct those efforts of all concerned to preparation, practice and perfection, by co-efficiently, acting together.

Credibility helps us to be free of torment. Our peace offensive hinges on credibility. By putting credibility into action, we are saving one another from harm and hurt. When we live with due caution, credibility builds upon our best intentions. By making amends, we improve our conduct, set things right, surmount blemishes, remove faults, and rectify, correct and reform deficiencies. We wish full credibility to come to all of our hopes, dreams and aspirations.

Heaven doesn't preclude anyone from living honorable, appreciative, righteous lives.

May all that Heaven has to offer be achieved by all of us!

May we bring it on

To be builders, bringers, transformers, enhancers.

May we change living a life of deficiency to living a life of resplendent, radiant enchantment: creating one's life that charms or delights, one that greatly increases life's pleasures, productivity, purposefulness, one that expresses abundantly our promise, one that expands life's fascination, goodwill, ingenuity and problem solving. Through the Forthright Foundatioin we are making life more irresistibly attractive and satisfying.

Through the Forthright Foundation
we have been given the task of ***ampleness.***

"There is no greater power than that of an idea
whose time has come." —Victor Hugo

Having been given the task to increase ampleness may we consider the appropriateness of our actions.

- May we build survival skills for all people under pressure.
- May we develop self liberating vs. self limiting behaviors.
- May we be about initiating, exploring, and learning. May we be about opinion seeking and giving. May we be about clarifying readiness, by elaborating then following through, with empathy – empathizing, by consensus building, by redressing deprivations and by responding to needs with a helping hand.
- May we be forgiving and gracious.
- May we accentuate the positive.
- May we give from a generous heart!

May the Forthright Foundation be this positive cause.